

## Youth Program Schedule 2020

From (CT)	To (CT)	Friday, 7/24	Saturday, 7/25	Sunday, 7/26	Weeknights	Saturday, 8/1	Sunday, 8/2	Weeknights	Saturday, 8/8	From (CT)	To (CT)	
10:45 AM	11:00 AM		Mindful Morning			Mindful Morning				10:45 AM	11:00 AM	
11:00 AM	11:30 AM		Speaker Session (Kara)	Mindful Morning		Speaker Session (Lauren)	Mindful Morning			Youth Wrap-Up	11:00 AM	11:30 AM
11:30 AM	12:00 PM					Workshop (neg. emotions)	Speaker Session (Thomas)				11:30 AM	12:00 PM
12:00 PM	12:30 PM		SG	Speaker Session (Em)		SG Lunch / Free Time	JH-Y Interprogramming				12:00 PM	12:30 PM
12:30 PM	1:00 PM					SG Lunch / Free Time	JH-Y Interprogramming				12:30 PM	1:00 PM
1:00 PM	1:30 PM					Workshop (civ. engagement)	SG Lunch / Free Time				1:00 PM	1:30 PM
1:30 PM	2:00 PM					Break / Free Time	Workshop (comm. care)				1:30 PM	2:00 PM
2:00 PM	2:30 PM					Group Cheers	SG				2:00 PM	2:30 PM
2:30 PM	3:00 PM					Hospitality Activity	Break / Free Time				2:30 PM	3:00 PM
3:00 PM	3:30 PM					Break / Free Time	Break / Free Time				3:00 PM	3:30 PM
3:30 PM	4:00 PM										3:30 PM	4:00 PM
4:00 PM	4:30 PM										4:00 PM	4:30 PM
4:30 PM	5:00 PM										4:30 PM	5:00 PM
5:00 PM	5:30 PM										5:00 PM	5:30 PM
5:30 PM	6:00 PM										5:30 PM	6:00 PM
6:00 PM	6:30 PM										6:00 PM	6:30 PM
6:30 PM	7:00 PM										6:30 PM	7:00 PM
7:00 PM	7:30 PM	TAF-Wide Kickoff			Low-key programming (e.g., games, movies), SG		Low-key programming (e.g., games, movies), SG	7:00 PM	7:30 PM			
7:30 PM	8:00 PM	Youth kickoff + SG intros						7:30 PM	8:00 PM			
8:00 PM	8:30 PM							8:00 PM	8:30 PM			
8:30 PM	9:00 PM								8:30 PM	9:00 PM		

Interprogramming: with other programs (JR, SPR, JH, Labs)  
 Youth-specific programming  
 Optional programming

**Speakers:**  
 Kara Chang: finding community in alternative, non-normative spaces; TAF as a community  
 Em Huang: community in terms of family; birth/blood family vs. chosen family  
 Lauren Higa: community in terms of leadership; collective leadership and solidarity  
 Thomas Duh: using your passions to build your network/community

**Workshops:**  
 Civic engagement: How do we participate as a member of a community in order to improve conditions for ourselves, members of our community, and our community's future? What actions can we take to improve the lives of people in other communities?  
 Dealing with negative emotions: In these tough times, what are some steps to maintain our mental health? What can we do for self-care?  
 Community care: While improving our mental health, what can we do to help other members of our community in their self care and mental health?